

## What's On Offer to Board Members

*The pursuit of excellence in the traditions of karate and all its values which represents the interests of all karate-ka throughout Northern Ireland in accordance with the articles and statutes of the European and World Governing Bodies.*

*Through our strategic aims of*

- Development of a competent workforce of officials.
- The provision of high quality and professionally organised competitions.
- Ensuring the safety of all board members practicing Karate.
- Promoting the ethics and etiquette inherent in traditional Karate-do

*In order to achieve the strategic aims and to continuously improve and raise the standard of karate within Northern Ireland a continuous training programme consisting of courses such as*

- KB 1 - Level 1 Assistant Club Coach
- KB 2 - Level 2 Lead Coach Specification
- Refereeing and Judging Courses
- Scoring and Time Keeping
- Kata Courses
- Kumite Courses

*will be available to all board members along with any new courses that will be developed as part of the Board development Strategy.*

## Competitions On Offer to Board Members

*Detailed below are National and International Competition available to NIKB individual Karate-Ka and National Squad members*

- ◆ NIKB National Championships
- ◆ BKF Four Nations
- ◆ BKF OPEN
- ◆ European Juniors
- ◆ European Cadets
- ◆ European Seniors
- ◆ World Karate Federation Juniors\Cadets
- ◆ World Karate Federation Under 21 Cup
- ◆ World Karate Federation Seniors

*There are numerous competitions in England, Scotland and Wales open to board members ( to many to mention here).*

### NIKB OFFICIAL LINKS



European Karate Federation



British Karate Federation



World Karate Federation

For further information  
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# KARATE

## Northern Ireland Karate Board



# N.I.K.B.

The Official  
**Karate Governing Body**  
in Northern Ireland  
as recognized by  
**SPORT NI**

# N.I.K.B.

## Historical Information

In 1986 individual karate federations and bodies throughout Northern Ireland assembled in conjunction with and under guidance of the Sports Council of Northern Ireland to form a recognised governing body for the sport of Karate in Northern Ireland.



The governing body was to be known as the Northern Ireland Karate Board (NIKB) with a formally adopted constitution.

This constitution is the basis of a duly elected and democratic organisation to provide governance for the sport of karate within Northern Ireland and almost thirty year experience in the governance of the sport.

## Affiliations

To safeguard the interest and provide best practise within the sport the NIKB is a member of the British Karate Federation (BKF), the European Karate Federation (EKF) and World Karate Federation (WKF).

As a recognised and fully affiliated member of the above organisations the NIKB is entitled to send selected national squads from our associated members to compete at events and competitions throughout the world.

Although we are members of the BKF, it is not a governing body. Whilst each of the four Home Counties has their own autonomy, the BKF provides a forum whereby the interests of all Karate-Ka throughout the United Kingdom can be considered.

## Structure

The governing body is made up of individual associations, each of which consist of a number of

clubs. The membership is predominately children, under 18, and is made up of both male and female and includes children who have physical and mental disabilities, and children from a disadvantaged social background.

There has been an increase in women becoming involved in karate, and over the past few years they have become involved in the delivery and management of karate in Northern Ireland, and have qualified as national kumite referees and kata judges.

Each Association has an Executive Committee and Officers who send representation to the Board. The Board in turn is run by a Management Committee elected from these representatives.

National squad training sessions are open to all karate-ka belonging to Association's within the Board. Their progress at these sessions is monitored by the national referees and judges in association with the Board's coaches.